



October 2011

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John Wesley's famous sermon "A Catholic Spirit," 1771, includes this important examination and invitation:

Do you show your love by your works? As you have time and opportunity, do you in fact "do good to all men," neighbors or strangers, friends or enemies, good or bad? Do you do them all the good you can, endeavoring to supply all their needs, assisting them both in body and soul, to the uttermost of your power? If you are thus minded (may every Christian say, yes), if you are but sincerely desirous of it, and following on until you attain, then "your heart is right, as my heart is with your heart."

"If it be, give me your hand." I do not mean, "Be of my opinion." You need not. I do not expect or desire it. Neither do I mean, "I will be of your opinion." I cannot, it does not depend on my choice. I can no more think, than I can see or hear, as I will. Keep your opinion and I will keep mine, and that as steadily as ever. You need not even endeavor to come over to me, or bring me over to you. I do not desire you to dispute those points, or to hear or speak one word concerning them. Leave all opinions alone on one side and the other: only "give me your hand."

Wesley is quoting a text from 2 Kings 10:15. Keeping the main thing as the main thing, and letting inconsequential differences retreat to the background, is the basis of our celebration of World Wide Communion each year. The Christian faith has many expressions. We differ on many things. We worship differently, we govern differently, we hold many different opinions on many different issues, but on this day (always the first Sunday in October), we take one another's hands as disciples of Jesus Christ. Jesus calls us friends and made of us sisters and brothers to one another. We are "family."

Join us then for the family feast of bread and cup on October 2nd at 9:30am @ The METROPOLIS. Taste and see that God is good!

Pastor Bonnie

PINK RIBBON LITURGY



Rev. Kathryn Johnson, Manager of the Field Organization of the National Breast Cancer Coalition, and breast cancer survivor (diagnosed in 2001), will be the featured preacher for a PINK RIBBON LITURGY on Sunday, October 9th. Using biblical stories of women's health and healing, the service will include a moment of remembrance for those who have died, inspiration for those in the battle, as well as commitments to seeking an end to this life impacting disease. Following the worship celebration, Rev. Johnson will facilitate a discussion as part of the adult education program.

October Worship Celebrations

Worship Series Continues Once Upon a Time: GOOD NEWS FOR TODAY

October 2 nd	WORLD WIDE COMMUNION DAY A Great Supper	Luke 14:16-24
October 9 th	RISE UP: A PINK RIBBON LITURGY Guest Rev. Kathryn Johnson of the National Breast Cancer Coalition, and breast cancer survivor, will examine the stories of women's health and healing in the gospels.	
October 16 th	A Challenging Deployment	Luke 10:1-11
October 23 rd	Her Two Cents Worth	Luke 21:1-4
October 30 th	Unmasked...a costume party Let the kids wear their costumes (adults can, too!) and we'll "trunk or treat" afterwards!	Matthew 23:1-12

"Trunk-or-Treat" on Sunday, October 30th

Help CREATE the FUN at this year's **Trunk-or-Treat and Pumpkin Carving Contest!**

On October 30th, all children, and any interested adults, are invited to wear their costumes to church. After worship, children and their families will gather at the lower level of the Metropolis parking garage (the parking section on the east side, sort of the parking alcove). Adults are asked to decorate the trunks of their cars, or vans, and children will trunk-or-treat at each car. How to decorate, you ask? You might create a "fishing pond" and have children fish for a treat with a "pole" or choose a sports theme and have a child make a basket to get a treat. Trunks need not be elaborate; you might just decorate with orange and black crepe paper or a big plastic spider - whatever seems fun! This is sure to be a memorable event for all of our FUMCAH families and will help us be noticed in downtown Arlington Heights. We need at least a dozen cars, so please let us know if you're willing to decorate yours. Call the church office or email Lynn Mikels at l.mikels@fumcah.com to sign up. Can't decorate? Candy donations are also welcome; we'll share them with all of the decorators.

In the spirit of the day, we are also hosting a pumpkin decorating contest. This year's theme: characters from the Bible. How would Samson look as a pumpkin - or Joseph with his colorful coat? Would the lamb pumpkin lie down with the lion pumpkin or run away and become a little lost sheep? Appropriately silly prizes will be awarded. Bring your pumpkins to the Metropolis lobby on October 30th before the 9:30 worship service.

Youth Event

Pastor Tedd's A-mazing Adventure

I've been lost in a good book, but I've never been lost in a corn maze. Join us at Richardson Farm's Corn Maze and see if I can find my way out. All youth, 6th grade through Seniors, are invited. Meet at the church at 4:00 pm on Saturday, October 22nd. Friends are always welcome. Cost is \$17. Please bring extra money for dinner. Deadline for sign-up is October 9th.

Adult Programs



Kaleidoscope

Sunday mornings include colorful presentations for adults in Kaleidoscope. Come to the Rehearsal Studio, located on the second floor of the Metropolis, any or every Sunday after worship. The schedule for October is as follows:

October 2 – *Fish Out of Water*: What does the Bible really say about being gay? This DVD interweaves whimsical animation with enlightening interviews from the lesbian and gay community, as well as theologians from across the country, who are confronting the debate about the Bible and homosexuality. Watch the DVD and stay for discussion at this extended Kaleidoscope, 10:30am-noon.

October 9 – Kathryn Johnson of the National Coalition for Breast Cancer Research, is our preacher of the day and will also make a presentation and answer questions at this Kaleidoscope. Child care available.

October 16 – Tom Montgomery Fate, faculty member at the College of DuPage and author of *Cabin Fever*, will be our guest presenter. Imagine Thoreau, married, with a job, three kids and a mini-van, and you will have some idea of the themes in this book. Tom will share his insights on how we might balance nature and technology. Tom is married to Carol Montgomery-Fate, who grew up in the FUMCAH congregation.

October 23 – Chelsea Scoggin, from Alexian Brothers Mental Health, will speak about caring for our aging parents.

October 30 – No Kaleidoscope; no adult learning communities today.

Next Chapter

Mark your calendars! Next Chapter's fall kick-off activity has been planned with a movie night for Saturday, October 1st. We will choose a movie at either the Randhurst Theaters or Arlington Theaters with a start time between 4:00 and 5:00pm. Then after the movie we will gather at John and Linda Hall's house for food, fellowship, and fun. Everyone should bring an appetizer or dessert to share. Coffee and tea will be provided. If you prefer another beverage, bring that with you, too. Watch the weekly e-Note and Sunday Bulletins for updates and details.

Anyone who is not interested in seeing the movie can join us at the Hall's house for food and fellowship after the movie.

For more information, please contact Diane Piper at diane@pipershomes.com at 847-903-6967.

Plan to come join the fun and invite a friend!

The Morning Breakfast Group

Starting October 3rd, our meetings will be held at its regular time, 8:00am, at our new location, which is Elly's Pancake House, 372 East Golf Road, Arlington Heights (on north side of Golf and east of Arlington Heights Road). 847-364-4400 (in case your GPS malfunctions!).

Rainbow Circle

It is common for Christians to speak of ourselves as "children of God" or to refer to our "church family." It is also common for Lesbian, Gay, Bisexual and Transgender (LGBT) people to speak of one another as "family." One way we reveal mutual friends as gay is to say that they are "family." It connotes a friendly inclusion.

Rainbow Circle invites LGBT Christians to join us the first and third Wednesday of each month (October 5 & 19) at 7:00pm at the Parsonage, just west of the church. If you would like to meet for coffee to ask questions or get to know me first, I would enjoy that chance. Please phone and let's get together.

Sue Laurie, 773-984-0351

Inviting LGBT People Into Christian Community

Special Events



On **Tuesday, October 4th**, we will travel to Loyola University Museum of Art to view two exhibits. We will meet at the church at 9:30am to take a van to Chicago and stop for brunch at The Oak Tree restaurant, 900 N. Michigan Ave., before the museum tour at noon. The museum exhibits are free, van transportation is \$15 per person, and brunch is on your own tab. You may also opt to take the Metra and meet us there. **To Register, call the church office at 847-255-5112.**

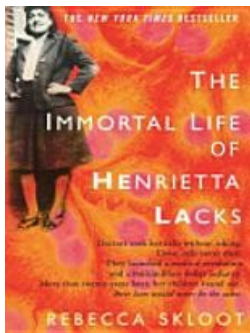


Inscribing the Divine: The Saint John's Bible

For the first fifteen hundred years of its production, every copy of the Bible was handwritten. Donald Jackson revived the tradition and has brought a modernist aesthetic to a medieval practice. LUMA will exhibit thirteen bifolia, which will be bound into a Bible that will become a liturgical object at St. John's Abbey.

Holiness and the Feminine Spirit: The Art of Janet McKenzie

Vermont artist Janet McKenzie has committed her life's work to creating paintings that celebrate all people, particularly African Americans and women. *Jesus of the People* and 20 other works by McKenzie will be included in this exhibition.



***The Immortal Life of Henrietta Lacks* by Rebecca Skloot**

Sunday, October 2, 7:00pm, at the Parsonage, 1803 East Euclid Avenue

Henrietta Lacks (HeLa) was a poor southern tobacco farmer who worked the same land as her slave ancestors, yet her cells—taken without her knowledge—became one of the most important tools in medicine. The first “immortal” human cells grown in culture, they are still alive today, though she has been dead for more than sixty years. Henrietta Lacks is still virtually unknown, buried in an unmarked grave. Now Rebecca Skloot takes us on an extraordinary journey, from the “colored” ward of Johns Hopkins Hospital in the 1950s to stark white laboratories with freezers full of HeLa cells. Today, her children and grandchildren struggle with the legacy of her cells. Henrietta's daughter, Deborah, was devastated to learn about her mother's cells. *The Immortal Life of Henrietta Lacks* captures the beauty and drama of scientific discovery, as well as its human consequences.

ALL CHURCH RUMMAGE SALE IS ON!

Friday, October 21st & Saturday, October 22nd

Clean those garages, attics, basements, and cupboards, and contribute to our all church rummage sale to be held at 1326 Rand Road in Prospect Heights, formerly Edith's, next to Roto Auto Dealer and across from Village Cyclery. Transport of inventory currently in the parsonage basement will be Saturday, October 15th and Sunday afternoon, October 16th. Sorting and pricing will be the following Monday, Tuesday, Wednesday and Thursday, with both day and evening shifts available (childcare during the day at church by request). These are critical mission and ministry funds.

Please give a hand.

Contact the church office to sign up 847-255-5112.

Music Ministries



Do you have the urge to sing in choir?

Are you looking for a way to connect?

Do you hope to give your children great opportunities to make music with church friends?

YOU ARE WELCOME !

We have open hearts and open doors, welcoming all with an interest in singing and ringing.

Chancel Choir rehearses on either Thursdays at 7:30pm-9:00pm in the church parlor or Sundays from 10:40-11:30am on the Metropolis stage

Family of God Handbells rehearse Tuesdays 7:30pm in room 101 at the church

Sound Foundation (high school choir) rehearses Wednesdays at 6:30 for an hour and offers some Sundays immediately following worship for those too busy during the week.

Cherub Choir (age 3 and 4)
Grace Note Singers (K-3rd grade)
Saints and Singers (4th-8th grade)
Jesus Ringers (4th-8th grade)

All of the above children's choirs are part of the J.A.M. program and meet at the church on Wednesdays beginning October 5th at 5pm. Registration forms are available at the church office or at Metropolis on Sunday mornings. (For more details, see page 2)

For more information, see the Autumn Program Guide or contact Francy Bearden or Jeannie Workman at 847-255-5112 about signing up for great fun, great fellowship, and great service to your congregation.

Make your life a song to God!

October Mission of the Month

Support Zambia Mission

Please join the Mission Commission in support of the Mujila Falls in Zambia. The Zambia missionaries supported by our church, are Betty Tshala and Tshala Mwengo. They share good news of Jesus Christ through sustainable agriculture and health care.

The mission helps empower Lunda Ndembu people to better feed their families and to give them employment, businesses, and economic independence through agriculture, family-based health, nutrition, and spiritual care. They can see their children go to school and succeed in life, and begin to become givers in church and society, instead of always being takers and sidelined by society.

Please give generously to support our missionaries and this very worthwhile project in Zambia.

United Methodist Women

UMW Circle Groups

CALLED TO GROW:	Thursday, Oct 13, 9:30am. Home of Marlys Guilford.
CHANGING TIMES:	Tuesday, Oct 11, 9:30am, parlor.
CHAPTER II:	Monday, Oct 10, 7:30pm, Circle leader will advise location.
DAUGHTERS OF EVE:	Contact Stephanie Sutton.
FAITH:	No October meeting.
HORIZON:	Monday, Oct 17, 9:30am, parlor. Note revised meeting date.
REVISED EDITION:	Monday, Oct 17, noon, parlor.

Haiti Sewing Gathering

Join us as we continue to create shorts from t-shirts, and dresses from pillowcases, for the children of Haiti. We will meet the second Tuesday of October and November, from 1:00pm-7:00pm, in the church parlor and hallway. The next sewing day will be Tuesday, October 11. If you would like to sew, iron, cut, or pin, please join us when you can. Contact Gail Becker for details at 847-394-8726 or megabecker@wowway.com.

Community Partners

Depression and Bipolar Support Alliance Celebrations

Ready for some good news concerning Depression and Bipolar Disorder? We at FUMCAH have some to share...

As of last year, we now serve youth and young adults with their own meeting. They meet twice monthly, and here's a surprise; their parents have formed their own support group, too! So our Mental Health Ministry has bloomed to three groups with different needs. The parent group also meets at least twice monthly and coincides with the youth/young adult meetings.

We have developed some caring and capable facilitators who faithfully attend our meetings, on a weekly basis, to warmly welcome newcomers and assist in running our meetings for all of our members. Our number of participants continues to rise. We are regularly welcoming between a dozen and eighteen persons at our Monday evening adult meetings.

We receive referrals from the national DBSA website, from hospitals and psychiatrists and psychologists, and good old fashioned "word of mouth." And this is where you come in! Please continue to share our good news with someone who could benefit from a support group, be they parents, youth, or adults. Depression is such a lonely and isolating disorder, and Bipolar Disorder has a completed suicide rate of nearly 20%. It's tough to go it alone, and more people are falling through the cracks of our healthcare system with cuts to social services. Those who struggle with mental disorders are helped to stay with their treatment plans and to increase their social support network by becoming a part of a support group. We're friendly people who all have something in common.

To celebrate the 6th year of our adult group meeting, we will have our annual pizza party this month. We estimate that we have now welcomed 720 persons to our meetings over the six years.

We thank our church staff for supporting our Mental Health Ministry and by making it a priority.

If you know of someone who could benefit from our support group, please have them contact Leah Nakamura at mrsn@comcast.net or www.dbsalliance.org/arlingtonheights or 847-541-7754.

Financial Report Through August 2011

August Revenue:	\$48,228	Apportionments Paid:	\$37,542 of \$50,056 due
August Expense:	\$57,127	Building Fund Receipts to date:	\$1,802,107
YTD Revenue:	\$464,217	Our Annual Apportionments for 2011 has been set at \$75,084	
YTD Expense:	\$457,534		

Start a school year resolution! We encourage the use of our electronic funds transfer; forms are available in the church office. You may also mail in your contributions.

Thank you in advance for keeping your pledges and contributions current!

Melinda Kirby

Business Manager

Special Notes

Please let us know...

If you or a family member are hospitalized, please notify the church office at 847-255-5112. The pastors and Partners-in-Caring would like to visit. Information is not always provided by the hospitals. Thank you.

THANK YOU ! THANK YOU!

We wish to thank all of the many people who helped provide water for our newly planted trees and shrubs. Without your help, many of these plants would not have survived the hot summer. Not only did you save the landscaping, but you saved our church thousands of dollars.

Yours in Faith,

Trustees and Building Committee



**First United
Methodist
Church**

1903 E. Euclid Ave
Arlington Heights
Illinois 60004

ARLINGTON HEIGHTS

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Non-profit
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Deadline for November Newsletter Submissions:

Monday, October 10, 2011

E-mail to c.salas@fumcah.com